## Appendix C

## HELPFUL SOURCES OF STUDIES ON INTELLIGENCE AND BRAIN RESEARCH

A plethora of work in the past decade has addressed connections between forms of intelligence, how we learn, emotions, and the functioning of our brains. These cross-disciplinary fields are still poorly understood by nonspecialists, and yet some authors are attempting to make new data available in more accessible forms. One specialty area is the field of neuroscience, which seeks to understand the biological basis of consciousness and the mental processes by which we perceive, act, decide, learn, and remember. We have listed a few select readings that we have found to be useful in exploring human perception and decision making.

Cooper, R. K., and Sawaf, A. Executive EQ: Emotional Intelligence in Leadership and Organizations. New York: Berkley, 1997.

Damasio, A. The Feeling of What Happens. Orlando, Fla.: Harcourt, 1999.

Doidge, N. The Brain That Changes Itself. New York: Viking Penguin, 2007.

Gardner, H. Intelligence Reframed: Multiple Intelligences for the Twenty-First Century. New York: Basic Books, 1999.

Goleman, D. Working with Emotional Intelligence. New York: Bantam Books, 1998.

Goleman, D., and Boyatzis, R. "Social Intelligence and the Biology of Leadership." *Harvard Business Review*, Sept. 2008, pp. 74–81.

Gore, A. The Assault on Reason. New York: Penguin, 2007.

Hawkins, D. Power Versus Force. Carlsbad, Calif.: Hay House, 1995.

Kandel, E. R. In Search of Memory: The Emergence of a New Science of Mind. New York: 2007.

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